

wear, it expresses how they feel. Like baggy pants, if they want to wear them, let them. And hats and stuff.

HON. BERNARD SANDERS IN THE HOUSE OF REPRESENTATIVES
ON BEHALF OF BRYCE JAMES, WILL W. GUSAKOV
AND JEREMIAH H. SPOFFORD
REGARDING MARIJUANA LEGISLATION—MAY 26, 2000

JEREMIAH SPOFFORD: I will begin. Our group is in favor of legalizing the cannabis plant in the United States, okay? We have some extensive research to back it up, but pretty much we have some main points.

Industrial hemp has an insane number of uses. It would be very beneficial for the environment to use industrial hemp. And marijuana as a drug is on an equal plane with alcohol, so we do not see why it shouldn't be under the same jurisdiction as alcohol.

WILL GUSAKOV: About industrial hemp, it is classified as having less than point three percent THC while marijuana has three to ten percent THC, so it is easily distinguishable. It produces four times as much pulp per acre as trees and it has longer fibers than cotton, so it is more easily recyclable. Trees require decades to grow while hemp matures in about a hundred days. And hemp helps the soil it is planted in, instead of cotton which leaches it. There are a lot of ecological values of hemp as an agricultural product.

BRYCE JAMES: To talk about marijuana as the drug, one of the common myths that is presented about marijuana as a drug is that marijuana is a gateway drug. People say that even if marijuana itself causes minimal harm, it is a dangerous substance because it leads to the use of harder drugs like heroine or LSD, where the fact is that marijuana does not cause people to use hard drugs. This is a spurious correlation based upon the theory that presents marijuana as being a causal explanation of statistical association with these other drugs, that it comes about by an increase and decrease in which drug is prevalent for the time.

Another myth brought about is that marijuana has no medical value where it has been proved that marijuana has been shown to be effective in reducing nausea in cancer chemotherapy, and it also stimulates hunger in AIDS patients and reduces interocular pressure on people with glaucoma.

There is also evidence that marijuana reduces muscle spasticity in patients with neurological disorders, and it has been proven back in 1937 by the presidential administration of the time that marijuana has no physical addiction.

of Business Administration and in 1980 with a MBA. His dedication to community service was evident early in his life, as he chose to work for United Community Effort, Inc., East Los Angeles immediately after graduating college. He also had a passion for service to his country and he entered Naval Officer Candidate School in Newport, Rhode Island and received his commission in November 1969. Captain Quijada served aboard the U.S.S. *Albert David* (DE-1050) as Supply Officer and was released from active duty in July of 1973.

Captain Quijada's many military accomplishments include service in several Naval Regional Contracting Center and Defense Contract Administration Services Naval Reserve units. He proved himself to be a strong leader as the Commanding Officer of both the General VTU 1904 and NRCC 419, which was selected as the top unit of 41 units at the Naval and Marine Corps Reserve Readiness Center Long Beach. Captain Quijada also held the position of Deputy/Vice Commander of NR Logistics Task Force, Commanding Officer of the AIRPAC SUPPLY 0294 at the North Island Naval Station in San Diego, and Commanding Officer of Defense Contract Management District West A919 in Irvine. Throughout his career, he received numerous military awards including two Meritorious Service Medals, a Combat Action Medal, the Vietnam Service Medal and the Joint Service Achievement Medal. He also earned the designation of a qualified Naval Aviation Supply Officer.

Once released from active duty, Captain Quijada applied his knowledge and leadership skills to the private sector. He helped manage companies including, Dataproducts Inc, Litton Data Systems and TRW, where he was Assistant Division Manager of Subcontracts and Material for sixteen years. Despite the pressures of his professional responsibilities, Captain Quijada has remained steadfast in his commitment to public service. He has served both on the Board of Directors and as President of Career Opportunities for Youth, an organization which provides scholarships to deserving students. Captain Quijada, is currently the Executive Vice-President and Chief Operating Officer of Tresieras Supermarkets.

It is my distinct pleasure to ask my colleagues to join me in saluting Captain Edward J. Quijada for his outstanding 30 years of service to this country, and to congratulate him on his retirement.

IN RECOGNITION OF EDMONDS SCHOOL DISTRICT AS ONE OF THE BEST 100 COMMUNITIES FOR MUSIC EDUCATION IN AMERICA

HON. JAY INSLEE

OF WASHINGTON

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 14, 2000

Mr. INSLEE. Mr. Speaker, it is with great pleasure that I commend the Edmonds School District for being named one of the Best 100 Communities for Music Education in America.

This phenomenal program begins with a strong commitment to music education. Music is not perceived as an extra or optional subject, but as a core piece of a child's education

that develops creativity, teaches self-discipline, enhances abstract thought and adds to a well-rounded education. They embrace a philosophy that music education is a valued aspect of the school curriculum. As with any other discipline, music courses are taught during the day and have State Essential Academic Learning requirements. This district offers opportunities to all students in kindergarten through 12th grade.

Edmonds School District offers a wide range of music programs. Outside of general music education classes and choir, students have the opportunity to learn instruments, join the Concert Choir, Orchestra, Concert Band, Vocal Jazz and Instrumental Jazz Ensemble in middle school. High school students have an even greater breadth of opportunities in Concert Band, Orchestra, Choir, Vocal and Instrumental Jazz, Marching Band, Pep Band and special programs such as Theory, History of Rock and Roll, Guitar, Percussion Ensemble, Steel Drum Ensemble and even African Drumming. Edmonds School District had the largest number of participants in band, orchestra and choir of any local school district involved in the 1999-2000 High School All-State Groups.

Not only do many students get the chance to participate, but are they are recognized at state and national levels for their superior talents. Mountlake Terrace High School was one of 15 bands across the nation invited to play at the Essentially Ellington Festival at New York City's Lincoln Center. They have received top awards at the Reno Jazz Festival and Clark College Vocal and Instrumental Jazz Festivals. The combined district high school concert choirs recently performed at Seattle's new performance center, Benaroya Hall, and will entertain crowds this year at Carnegie Hall in New York. Lastly, Edmonds orchestra programs have won top honors at the Mercer Island Orchestra Festival and at the University of Idaho Festival in Moscow.

These expansive opportunities in music education and superior achievements are well deserving of this award. I commend the Edmonds music education staff for their contributions. They have been recognized as leaders in the field by frequent invitations to present at state level conferences. Mr. Speaker, I ask that this House please join me in recognizing, honoring and commending the students and staff of the Edmonds School District for being one of the Best 100 Communities for Music Education in America.

PRESCRIPTION DRUGS

HON. DEBBIE STABENOW

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 14, 2000

Ms. STABENOW. Mr. Speaker, on April 12, I led an hour of debate on the topic of prescription drug coverage for senior citizens. I read three letters from around the state from seniors who shared their personal stories. On the 12th, I made a commitment to continue to read a different letter every week until the House enacts reform. That was five months ago. Although the House passed a prescription drug bill this summer, I believe it will not

TRIBUTE TO CAPTAIN EDWARD J. QUIJADA

HON. HOWARD L. BERMAN

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 14, 2000

Mr. BERMAN. Mr. Speaker, I rise today to pay tribute to Captain Edward J. Quijada who is retiring from the United States Navy after 30 years of distinguished service. Captain Quijada, is a community leader, a patriot, a businessman and a friend.

A native of San Fernando, California, Captain Quijada graduated from Loyola Marymount University in 1969 with a Bachelor